

~ TEIA SAILING ~
share the fun of summer & learn skills for a lifetime

- CONFIRM YOUR CHILD'S 2024 CLASS PLACEMENT** with Liz Rollins TEIASailing@gmail.com
- REGISTER on the TEIA WEBSITE** through the Amilia program: www.TEIAclub.org/membership
- PRINT, READ & FILL OUT ALL FORMS, BRING TO THE FIRST CLASS.** www.TEIAclub.org/sailing

2024 CLASS SCHEDULE: June 24 - Aug 9

Time	Monday		Tuesday		Wednesday	Thursday		Friday	
10-Noon	Opti Beg/Int	420 Beg/Int	Opti Beg/Int	420 Beg/Int	MIRC Races 420 & Opti Racing Interclub Travel (all day)	Opti Beg/Int	420 Beg/Int	Opti Beg/Int	420 Beg/Int
Noon-1									
1-4pm	Opti Advanced & Race Team	420 Advanced & Race Team	Opti Advanced & Race Team	420 Advanced & Race Team	Wednesday Adult Class 1-3pm	Opti Advanced & Race Team	420 Advanced & Race Team	Opti Advanced & Race Team	420 Advanced & Race Team
5:30-7:30	Monday Adult Class					Thursday Adult Class			

OPTI AM	Beginner: age 7/8 -12, 0-3 yrs limited or no experience, 50-110lbs & Intermediate: age 9-13, 2-4 yrs. exp., can sail alone in an Opti understands tacks & jibes, can sail upwind, follows directions	M, T, Th, F 10-Noon
OPTI PM	Intermediate, age 8-13, 2-4 yrs. exp., comfortably rigs/sails alone in an Opti, tacks & jibes easily, can sail upwind, follows directions	M, T, Th, F 1-4pm
420 AM	Beginner: age 13-18, 110lbs+, 0-3 yrs limited or no experience & Intermediate: age 13-18, 2-4 yrs. exp., comfortably rigs and sails a 420, tacks & jibes easily, can sail upwind, follows directions	M, T, Th, F 10-Noon
420 PM	Intermediate/Advanced, age 14-18, 2+ yrs experience, can sail upwind efficiently, can rig/derig and right a capsized 420 & confident in heavy air - this class will also sail a keelboat	M, T, Th, F 1-4pm
OPTI Race Team	Racing & Travel, age 10-15, 3-5 yrs. experience, confident, can sail a race course, good boat handling skills, listens well	M, T, TH, F 1-4pm MIRC races & Regattas
420 Race Team	Racing & Travel, age 13-18, 110 lbs+, 4-7 full seasons experience, strong sailing skills, exhibits good judgement & maturity, committed/motivated to race, reliable & positive	Tues & Fri 1-4pm MIRC races & Regattas
Adult Sailing	A desire to learn or refine sailing skills & knowledge 18+ Class size limited to 4 people, sail in a sturdy keelboat	Mon <u>or</u> Thur 5:30-7:30pm <u>or</u> Wed 1-3pm (7 weeks)

Our instructors' 2023 class placement assignments for last year's sailors are available from the director. Emergency contacts, medical information & liability waivers must be signed by each student's parent/guardian *before* his/her first class. **Students are asked to bring their own US Coast Guard approved life vest, whistle, foul weather gear and a water bottle.** A simple, but mandatory swim test must be passed their first day. Classes will run rain or shine, but students will remain on shore in dangerous weather.

With questions about class placement, registration and the sailing program, please contact:
Liz Rollins, TEIA Sailing Director TEIASailing@gmail.com 207-653-5325